Synopsis for Rehabilitation by Design

#### **Further information**

### Contributor biographies



#### Chairman of Gleeds Worldwide

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### Contributor biographies



#### Seniar Lecturer in Criminalogy, University of Brightan

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#### ${\it Chairman\, of\, The Nehemiah\, Project}$

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Further contributas

### Introduction

#### The Prison and Courts Reform Bill



Specifically, the Government has committed to:

#### Establishing six 'Reform Prisons'

(one of which is HMP Wandsworth, built in 1851)

### Chapter 2

Problem: Mismatch between goal of instilling responsibility and an environment that obviates responsibility.

Problem: Anger/frustration that occurs due to inherent unfairness in current system.

Recommendations to include: n to winter a 'a an more a land and and an a land and a land and a land a land

# Education and work: Creating and sustaining a culture of hope and aspiration

2.1 Introduction

Themsforming Rehabilitation (60 3)

Jatana Mantan

Indiana Man

52% of male prisoners have no qualifications at all upon arrest

**65**% have numeracy skills at ar below Level 1

**48**% have **literacy** skills at ar below Level 1

### 2.2 Rehabilitation through education in prisons

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Programme consistency: A / A l m A l

Problem: Difficulty recruiting high-quality teachers.

Recommendations to include: An little • //t lat a \_ aat t / \_ (~ t 20 ) h //t h ( A \_ A/\ \_\_A/ MA/ ala la la laga J Y/a acomot yt /ytaa/ t

Problem: Ex-offenders often struggle to A A 1 A A / Y maintain momentum upon release.

Recommendations to include:

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#### **Balancing security needs** with spatial aesthetics: Allowing the 'outside in'

#### 3.1 Introduction

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## 3.5 Designing for desistance: encouraging third sector involvement

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Example of good practice:

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Designing for desistance: In (the final of the final of t

#### 3.6 Limiting contraband: designing in less intrusive, more effective security

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Problem: Proliferation of drugs (including new psychoactive substances) and mobile phones.

The many functions of a prison:
Supporting prisoners with complex health needs

#### 4.1 Introduction

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4.5 The prison as an accident and emergency department

#### 4.8 Conclusion

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### **Summary of key** recommendations

Problem: High levels of addiction/ substance use in prisons.

Recommendations to include: t /

The most cost effective alternatives to \_incarceration: R • ↓ i ^ I Janki akida / i ital lite test Ma <sup>27</sup> (Please see figure 2). Expert opinion: • \_ A At Minn a/ tJ Ima ayitte / that st ( s a st sal A 79t (At H th 79t MAY A 79t) JAt Jt t at tat USA examples: • A / 9 A mata a t tan-Jata ant / typt ( as t t / 2 Nt a nat \_ I( a M 1/)~ 41 - 1/2/1 th 1 A / A / A/ , than that the f h = 14/ 4/1 12% \_ e a t //ta \_a// t at t a 7% \_ /\* /\* t /\* t E4 ↓ 1 11'/9 91 ta 40 e at t mt. a ta satitat a/a \_a/ t m/ / 41 /1 11 \$ 41 AAA (200 )2 L t t 14/ \_\_ ... 1 H t ~ vt ((H^\*) va/ H\* t ar antra mt at t Wat 99 i 



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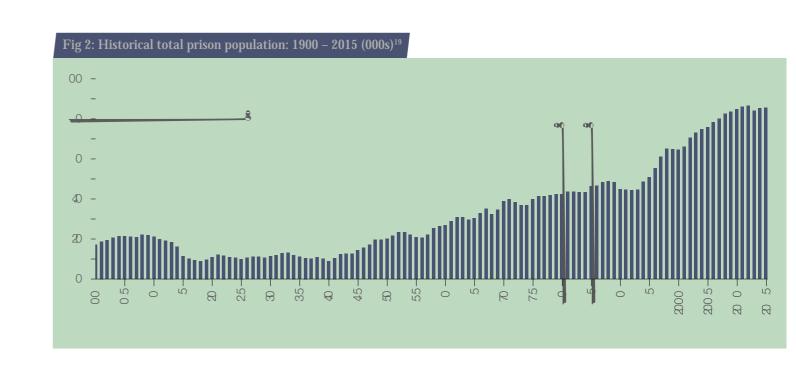
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### Why is prison reform needed?

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### 1.2.2 Opportunities for agency in prison

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### 1.2.3 The normalisation model: Design implications

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## 1.3 Using design to reduce anger, frustration and violence

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### 1.3.1 Designing passive and active spaces

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## 1.3.2 Basic design principles which promote positive behaviour

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#### 1.3.3 Managing temperature

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#### 1.3.4 Managing acoustics

#### 1.3.5 Managing light

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#### 1.5 Making offenders responsible for rehabilitation

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#### 1.5.3 Designing incentivised spaces

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#### 1.6.2 Applications of Swift, Certain and Fair: **USA** and **UK**

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## 1.6.3 Applications of Swift, Certain and Fair: Prison context

Implementing Swift, Certain and Fair principles in response to problematic behaviour in prisons reduces assaults on inmates and staff, as well as stress on both inmates and staff.<sup>46</sup>

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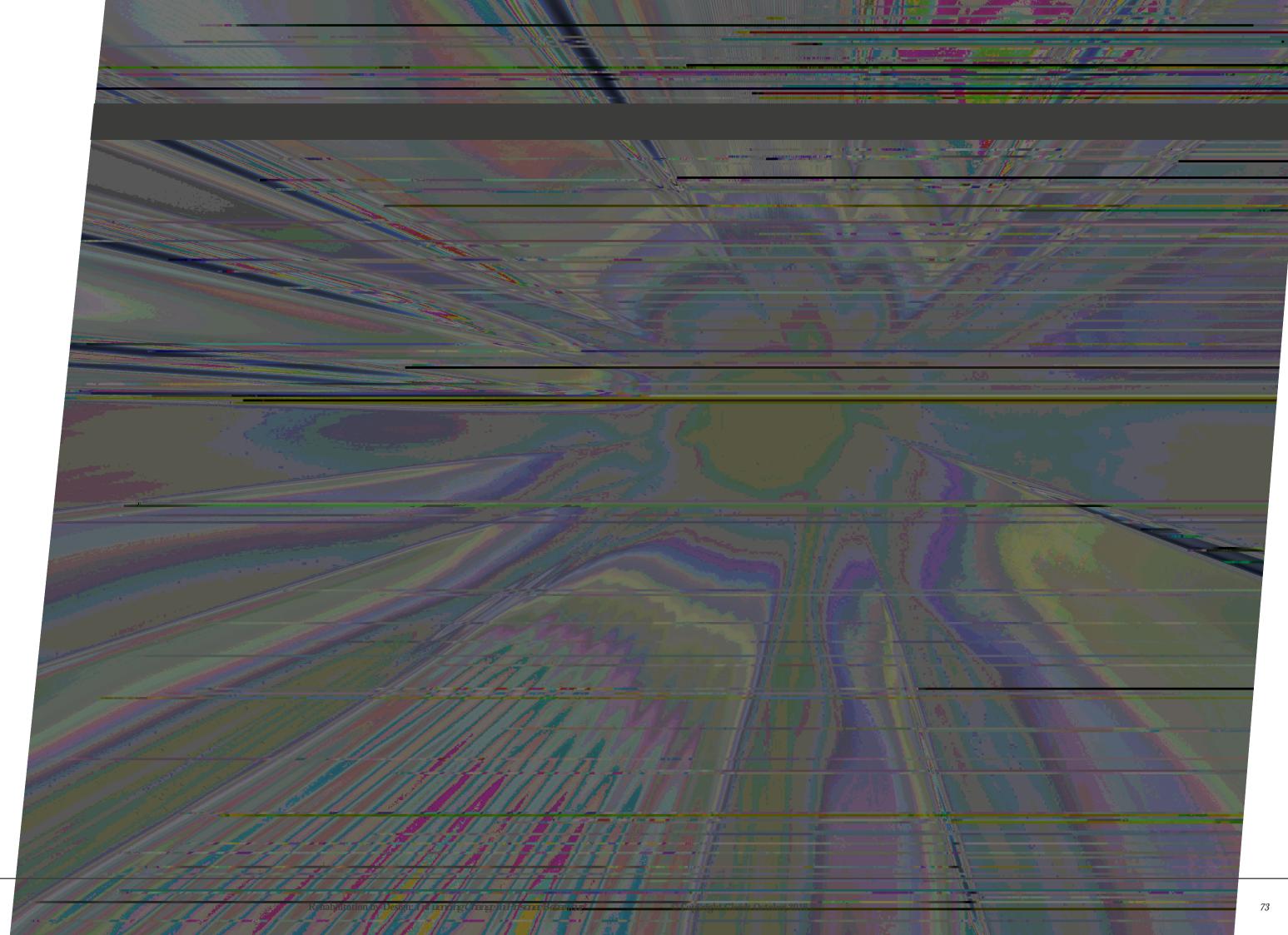
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#### 1.7 Conclusion

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#### **Education and work:** Creating and sustaining a culture of hope and aspiration

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#### 2.2 Rehabilitation through education

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"If education is the engine of social mobility, it is also the engine of prisoner rehabilitation."52

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#### 2.2.1 Barriers to delivering high quality education in effective learning environments

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<sup>53</sup> By A tt R (200-) B

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Excellent teaching staff and teaching assistants, capable of motivating and inspiring prison learners

Fig. 3

Purpose built and well maintained facilities, such as classrooms and libraries

## CREATING AN EFFECTIVE LEARNING ENVIRONMENT

Technological infrastructure including in-cell tablets for fenhanced' status learners

Variety of courses
-vocational, academic,
real life skills, delivered
in different styles to
accommodate those with
learning difficulties

# 2.2.2 Academic courses, employability and real-life skills

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#### 2.2.3 Beyond basic skills I: Encouraging creative pursuits

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Fig 4 Prisons should continue to prioritise specific programmes dedicated to 'life skills' such as

One aim of education in prison should be to prepare offenders for release, and this involves making them take responsibility for themselves and their lives. By not giving prisoners the opportunity to acquire skills such as those suggested above, we will infantilize them, and fail to

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# 2.2.4 Beyond basic skills II: Encouraging higher education

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# 2.3.1 Recent developments in e-learning

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#### 2.4.2 Prison mentoring schemes and employability

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"Being in that long, I was given a role in the centre as a mentor to some of the younger kids inside, giving them my
life story, hoping they'd take advantage
when they got out I suppose [...] I didn't really like the idea of working for nothing, but once I got involved with the kids and the people doing the work, I really enjoyed it."62

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# 2.5 Maintaining employment upon release

# 2.5.1 Preparing prisoners' families

#### **Recommendations**

#### Motivating prisoners to engage in work and education

#### Creating effective environments for learning

#### Embracing the digital prison

#### Equipping prisoners with transferable skills through work

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## Chapter 3

### Balancing security needs with spatial aesthetics: Allowing the 'outside in'

#### 3.1 Introduction

#### 3.2 Designing for desistance: Encouraging meaningful interaction with friends and family

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# 3.2.1 The importance of prisoners' families

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# 3.2.5 Balancing security measures and family-friendly design

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#### 3.3 Designing for desistance: Retaining staff to ensure consistency

#### 3.3.1 Reversing the decline

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## Prison design and staff facilities

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#### 3.4 Designing for desistance: Encouraging meaningful interactions with staff

## 3.4.1 Improving staff effectiveness

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#### 3.5 Designing for desistance: 3.5.2 Preparing for release **Encouraging third sector** involvement

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#### 3.5.1 The Community Hub

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"[It] is not a linear process that 'happens' to an individual. Rather it requires a set of behaviours, attributes and values within individuals, institutions and the broader community that support and sustain desistance from crime and enable people to live productive lives".

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# 3.6.3 Reducing the demand for contraband

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The many functions of a prison: Supporting prisoners with complex health needs

#### 4.1 Introduction

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#### 4.2 The prison as a detox facility

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# 4.2.3 Learning from past challenges associated with drug use in prisons

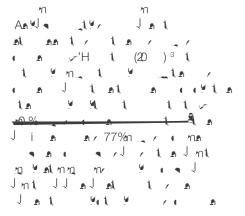
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# 4.3.6 Devising a holistic, comprehensive strategy

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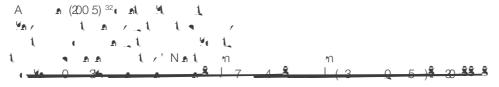
t Lt ... (A/ A/(M / Mitam Mai a Ja / 1/ 1 / 191 4 A t tta 4 2 Y tity/ c ala ht titt! / ma ! J, e teal it "Work is at an early stage to consider how a strategic approach to the use of the prison estate can best ensure that older offenders are accommodated where their needs can best be met, and where the built environment can facilitate this." 130



Seventy per cent of older prisoners reported receiving treatment or counselling for a health problem in the year before prison entry. Cooney et al reported that prison staff perceived older prisoners to have a physical health status 10 years older than people of the same biological age living in the community, acquiring age-related health problems 10 to 15 times faster than their peers in the general population.



"The high prevalence of depression among older prisoners, now confirmed across a number of studies, supports the need for routine, effective and early depression screening to be established. The systematic use of health and social care assessments and subsequent care planning, alongside screening for depression, should provide a two-pronged approach to better addressing the high levels of depression among older prisoners with unmet health and social care needs."



# 4.5.2 Adopting a 'triage centre' approach

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"A range of staff including chaplains, drugs workers, resettlement officers and prisoner and peer workers. The centre was bright, welcoming, well decorated and ...prisoners were more likely to feel at ease and access the range of help that was offered" 135.

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#### Recommendations

Reducing high levels of addiction/substance use in prisons

Reducing high levels of depression, self-harm and suicide in prisons



Balancing the books: Reducing operational and construction costs while supporting rehabilitation

5.1 Introduction

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"Scandinavian countries are often considered models of successful incarceration practices, particularly Norway which, at 20%, has one of the lowest recidivism rates in the world ... While Americans may scoff at the treatment of prisoners in other countries ... the low incarceration and recidivism rates suggest that the "normalization" approach works."145

# 5.3.1 Cost per prisoner in England and Wales

5.5.5 Safety and security

5.7.2 Cost savings and

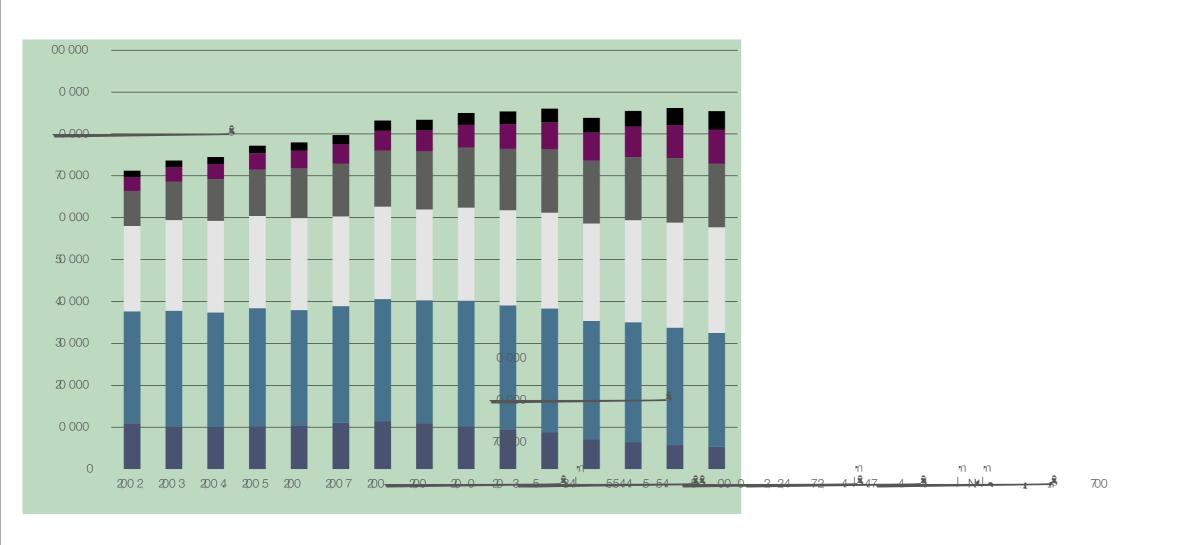
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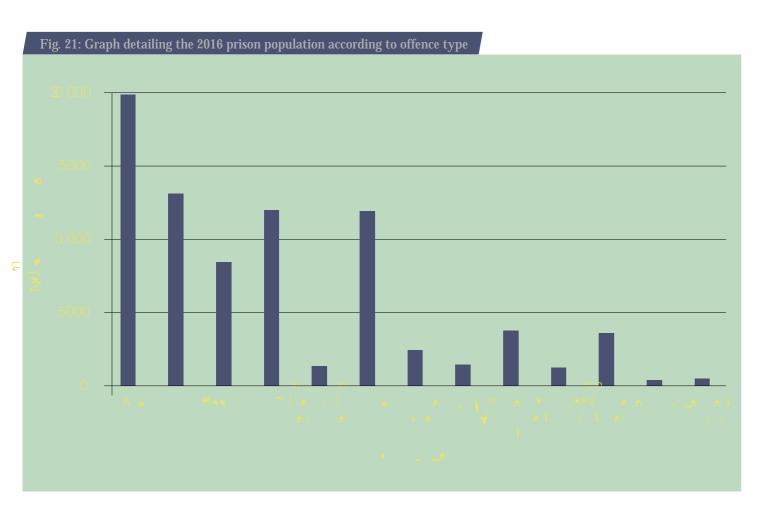
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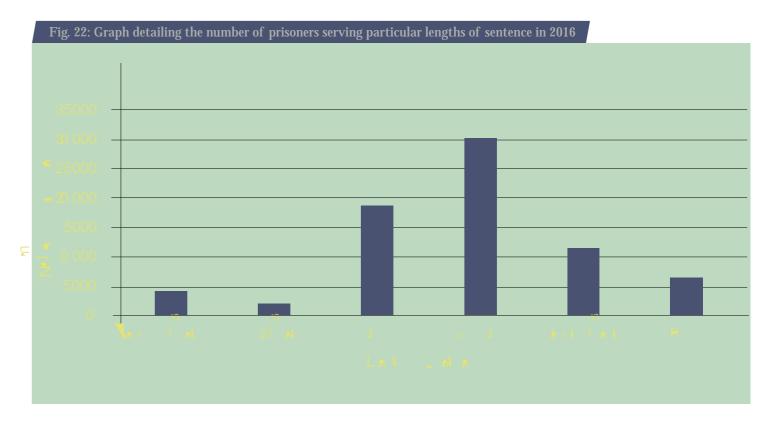
# 5.8.1 Cost savings through staff-eff cient operations

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A strategic review of the prison estate:
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#### Prison population: Length of sentences

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