

Older people's experiences of sight loss in care homes

This publication summarises findings from research commissioned by Thomas Pocklington Trust to investigate the experiences of older people with sight loss in care homes. The research was carried out by Dr Lizzie Ward and Laura Banks from the University of Brighton

Summary findings

Older people with sight loss in care homes experience a range of challenges. These include difficulties with mobility, social isolation, and a loss of independence. Many participants reported feeling lonely and missing out on activities they used to enjoy. Some also expressed concerns about their safety and the ability to manage their medication.

Participants also highlighted the importance of staff support and training. They felt that staff should be better equipped to understand the needs of people with sight loss and provide appropriate assistance. Improving the physical environment, such as better lighting and clear signage, was also seen as a key priority.

Overall, the research shows that older people with sight loss in care homes need a holistic approach to care that addresses their physical, social, and emotional needs.

For more information, please contact the research team at research@tptrust.co.uk or visit our website at www.tptrust.co.uk

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